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Know Lord Jesus
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NEWSLETTER
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EDITORIAL

GUIDED BY THE HOLY SPIRIT: LESSON FROM ST. JOSEPH THE WORKER



Dear brothers and sisters in Christ, the Holy Spirit is one of God's greatest gifts to humanity. The Spirit guides, strengthens, and inspires us to live according to God's will. In a world filled with uncertainty, distractions, and challenges, we are invited to listen attentively to the voice of the Holy Spirit and allow God to lead our lives.

Throughout His earthly mission, Jesus Christ showed perfect obedience to the Father. He repeatedly reminded His disciples that He came to do the will of God. Every word He spoke and every action He performed reflected complete surrender to the Father's plan. His life becomes a model for all Christians who desire to live faithfully. From the very beginning, God created humanity in His own image and likeness and entrusted them with freedom. This freedom was meant to help humanity choose what is good and holy. Yet, the story of Adam reminds us how human beings often misuse this gift. Disobedience brought suffering, but God never abandoned His people. Instead, He continued calling humanity back to responsibility, hard work, and faithful stewardship.

This reflection becomes even more meaningful as we celebrate the feast of Saint Joseph the Worker. St. Joseph stands before us as a powerful example of silence, humility, trust, and obedience. Though very few words of Joseph are recorded in Scripture, his actions speak loudly. When God spoke to him through dreams, he listened. When the life of the child Jesus was threatened by Herod the Great, Joseph immediately acted and fled to Egypt to protect his family. Joseph was also a hardworking carpenter who understood the dignity of labor. He performed his work with sincerity, honesty, and creativity. Through our own daily work, we too participate in God's ongoing creation. Work is not merely a task for survival—it becomes a sacred responsibility and an offering to God.

Today, the Holy Spirit continues to work in our lives. The Spirit gives us courage when we are weak, comfort when we are discouraged, wisdom when we are confused, and strength when life becomes difficult. The question before us today is simple yet profound: Are we willing to listen to the Holy Spirit in our hearts? Are we ready to trust God's plan as St. Joseph did?

May we, like St. Joseph, walk the path of justice, peace, humility, and love. And may the Holy Spirit continue to guide us toward fulfilling God's will in our lives. Amen.

HIGHLIGHTS

- **Divya Deep**
  Hindi YouTube Channel *'@divyadeep01'* airing "Bible ki Kahaniyaan" with kids of different churches in Delhi.
- **Divine Scroll**
  English YouTube Channel *'@divine-scroll'* airing "Daily Dose of Faith" and "Sunday Reading's Reflections."

NEW INITIATIVES

- **Holy Mass**
  Every Friday at 4:00 pm on our YouTube channel @divyadeep01.
- **Digital Books**
  "Meet Jesus" the book's third part 'Jesus Teacher and Shepherd', which will be available on our website.



MAY 1, SAINT JOSEPH THE WORKER'S DAY

DIGNITY, CHALLENGES, AND INTERCESSION

May 1st, The Labour Day (International Workers' Day) is celebrated worldwide as a tribute to the rights and contributions of workers. In the Catholic tradition, on the same day we honours Saint Joseph the Worker, the foster-father of Jesus and the Patron Saint of all labourers. This confluence invites the believers to reflect upon the sacred dignity of work, the real challenges faced by workers today, and the spiritual protection and intercession offered by Saint Joseph, who himself was a humble Carpenter.

Who is Saint Joseph the Worker?

Saint Joseph is best known as the spouse of the Blessed Virgin Mary and the earthly guardian of the Jesus Christ. He was a carpenter, and supported the Holy Family through honest, hard-earned labour.

In 1955, Pope Pius XII instituted the memorial of Saint Joseph the Worker on May 1, deliberately linking it to International Workers' Day, so that workers would not lose the Christian understanding of work amid secular and often ideological celebrations.

Saint Joseph is therefore honoured as the model and protector of all workers, especially those who use their hands and skills—artisans, labourers, farmers, and other working people. His life shows that sanctity is possible not only in prayer but also in daily toil, family care, and quiet obedience to God's will.

Labour Day - A Christian perspective:

Labour Day on May 1 arose historically from struggles for workers' rights, fair wages, and humane working conditions. The Catholic Church, by choosing this date for Saint Joseph the Worker, gives a deeper spiritual meaning to this day. Work is not merely a means of survival but a participation in God's creative and redemptive plan. In this perspective, every honest job—whether paid or unpaid, manual or intellectual—can be a path of holiness.

Colossians 3:23-24 & 1 Corinthians 15:58: Emphasize working wholeheartedly for the Lord, not men, and assurance that labour is not in vain.

Psalm 90:17 & Ecclesiastes 3:12-13: Focus on God establishing the work of our hands and finding joy or satisfaction in labour as a gift.

Genesis 2:15 & Proverbs 14:23: Highlight labour as a purposeful act, from stewardship in Eden to the value of hard work.

By pointing to Saint Joseph, the Church reminds all workers and labourers that; Work is dignified because it reflects God's own creative action. Labour is meant to build families, serve communities, and contribute to the common good. The faithful worker is not forgotten by God but is accompanied by a powerful heavenly intercessor.

Challenges faced by workers today

Modern workers face a range of difficulties, many of which echo the injustices that shaped Labour Day movements over a century ago. Common challenges include:

Precarious employment and job insecurity, especially in informal sectors where many Indian workers are daily-wagers or contract labourers. Exploitation and low wages, including long hours without proper rest or social security. Mental stress and alienation, as work becomes more automated, impersonal, or driven only by profit. Work–family imbalance, where the demands of earning a livelihood strain family life and personal well-being.

In such circumstances, workers can turn to Saint Joseph as a model of resilience and a protector of labourers, trusting that he understands the weariness of the body, the anxiety of unemployment, and the desire for justice.

Blessings and graces associated with Saint Joseph the Worker:

Catholic devotion to Saint Joseph the Worker highlights several spiritual blessings that workers can seek:
The grace to work conscientiously, putting duty before convenience and doing one's task as if for God.

The grace of gratitude and joy, so that work is not seen only as a burden but as an honourable way to use God-given talents.

The grace of perseverance, especially in times of unemployment, low wages, or unfair treatment.

The grace of prudence and good management, following the example of Joseph, who "put him in charge of all that he owned" (Luke 16:4).

Many traditional prayers to Saint Joseph the Worker ask for help in:

- Finding honest work and steady employment.
- Receiving fair treatment and respect from employers.
- Maintaining integrity and avoiding dishonesty or cutting corners.

Intercession of Saint Joseph: A carpenter's prayer for workers

Because Saint Joseph was himself a carpenter, believers see him as a particularly close companion to manual workers. In Catholic piety, he is invoked as the Patron of workers and craftsmen, Protector of families, and Guardian of the dignity of daily labour.

A typical prayer to Saint Joseph as patron of workers asks that he obtain the grace "to work in a spirit of penance for the expiation of my sins, to work conscientiously, and to work with gratitude and joy," viewing one's labour as a way of serving God and neighbour.

The faithful believe that, through his powerful intercession, workers receive the Strength to face hardship and injustice, Wisdom to choose ethical work, and Hope that God will reward faithful labour both in this life and the next.

How to honour Saint Joseph the Worker on Labour Day

On this Labour Day, we Catholics can combine civic reflection on workers' rights with spiritual devotion by:

- Attending Mass on the memorial of Saint Joseph the Worker, praying especially for the unemployed, exploited, and injured workers.
- Reciting a prayer to Saint Joseph the Worker, asking for his blessing on one's own work and on the workplaces of family and friends.
- Reflecting on how their own work can be done with integrity, diligence, and concern for the common good, following Saint Joseph's example.

By contemplating Saint Joseph the Worker on Labour Day, the Christian faithful affirm that true progress is not measured only by profit or productivity, but by justice, human dignity, and the sanctification of ordinary work through the quiet faith of a carpenter from Nazareth.

– Anthony Joseph



MARY MOTHER OF GOD

The purest form of love is a mother's love. It is unique, vocal and unconditional. In the beginning, when God created Adam, He also created Eve because God knew that men would need a companion for himself; and that the two of them would help in procreation. When they failed to obey God's command, the doors of heaven were closed. God did not abandon men to die but immediately in Genesis 3:15 He made a promise to send a saviour Who would save the world. In Isaiah, 7:14 God says that a virgin would bear a son and name him Emmanuel, which means 'God with us'. When the appointed time came, God sent his angel Gabriel to Mary to give her the good news that God has chosen her to be the mother of his son Jesus Christ. Mary was a Jewish woman from Nazareth, who is honoured not only in Catholic, Orthodox and Anglican traditions, but also in Islam where she holds the highest position among women and is featured in the Quran. Mother Mary played a very important role in the life of Jesus from his time of birth in Bethlehem until his death on Calvary, where he was crucified and died on the cross. Jesus performed his first Miracles at Cana at Mary's request by turning water into wine. After the ascension of Jesus, she stood firmly by the apostles in the upper room and kept them united in prayers and thus on the day of Pentecost the Holy Spirit descended upon the apostles in the form of tongues of fire and they were filled with the power of the Holy Spirit. Mary is given different key theological titles such as Mother of God. This title defines Mary as a mother of Jesus because Jesus is believed to be both human and divine. The Catholic dogma holds that Mary was preserved from original sin from the moment of her own conception. The belief that Mary remained a virgin before, during and after the birth of Jesus. She's also known as Our Lady of Assumption. Traditions in Catholic and Orthodox faiths believe that at the end of

an earthly life Mary was taken body and soul into heaven. Mary is the greatest intercessor for the world. She always intercedes for her followers. She's a refuge of Sinners and Mother of Mercy. She's an example of humility, faith and patience. Today, Mary is a role model for each of us as she's the one who teaches us how to be patient in times of anxiety, to be kind towards all even when other's dislike us and to be humble when we rise high in life.

When Jesus was dying on the cross, Jesus said to Mary behold your son and said to John behold your mother from that day on she became the mother of all creation.

-- Goretti Martins



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PENTECOST

Pentecost is a feast in the Catholic church 50 days after and 10 days after the Ascension of the Lord Jesus. It is an upper room experience of the Holy Spirit on Mother Mary and the apostles. Acts 2 records of a strong wind which filled the room and tongues of fire rested on each of them empowering them to speak and preach the Gospel with courage and zeal in all languages.

The feast of Pentecost a Greek word which means' fiftieth Day'. The feast has Jewish origins as the “feast of weeks”celebrating the first spring harvest and later God's handing over of the 10 commandments at Mt. Sinai. Christians adopted it at the first century. St. Paul mentions it in 1st Cor 16:8-Tertulian and Origen noted it from the 3rd century, and the pilgrim Egeria described Jerusalem's solemn celebration in the 4th century. Originally it later gained an octave in the West and became equal in rank to Easter.

Right after the Holy Spirit came, Peter preached his first homily, explaining joel's prophecy and proclaiming the risen Jesus. About 3000 were baptized that day. For this reason, Pentecost is called the “birthday of the church”; the apostles united in language and zeal began the church's evangelizing mission.

Pope Francis in his 2021 Pentecost homily called the Holy spirit 'the Paraclete', meaning Comforter and Advocate. He taught that unlike worldly comforts, the Spirit heals at “the core ”and comes down “within the heart ”as the soul's most 'welcome guest.” The Spirit does not abandon us for being present to those who are alone is itself a source of comfort.

Pentecost also underscores Peter's role: as the 1st

Pope, his preaching began the Church's public life. As we celebrate this important feast we pray that God fill our hearts to the brim with His Holy Spirit and that like the Apostles we may with courage and zeal proclaim the Good News to all creation.

– Sr. Sheela FSMS



MORE THAN A DOCTRINE: THE LIVING MYSTERY OF THE TRINITY

On Trinity Sunday, there is one major mystery of our faith that should be reflected upon. We talk about God who is one yet exists in three Persons. That is an eternal mystery we should embrace rather than solve as a puzzle.

The concept is revealed gradually throughout Scripture. Genesis 1:26 says, "Let us make humankind in our image." It is clearer in Matthew 28:19 when Christ orders His disciples to baptize in the Name of the Father, Son, and Holy Spirit.

We can understand from the idea of Trinity who God is. First, we need to say about God the Father, the source of life. God the Son, Jesus Christ, embodies God's divine love by being incarnated, crucified, and resurrected. God the Holy Spirit dwells within every Christian, empowering us as it is described in John 16:13.

Theological reflection on this great mystery lasted for ages. For instance, St. Augustine of Hippo, in De Trinitate, explains that human mind cannot comprehend the mystery fully. Karl Rahner talks about revelation of God through history, showing His true nature in his book The Trinity.

How do these reflections apply to me? Since God created humans in His image, people were created for community. As a community of love, the Trinity becomes our example. In Richard Rohr's The Divine Dance, it is described how people were called into "the flow of love."

Therefore, on Trinity Sunday, rather than try to describe this mystery, we should try to enter it and live within its unity and community of love.

- Varun Sharma



THE ASCENSION: PRESENCE BEYOND VISIBILITY

I remember seeing a close colleague off after years of working together, watching him disappear into the crowd and feeling an unexpected emptiness—as though something essential had ended. Yet in the days that followed, I came to sense that his influence had not diminished but had taken deeper root in ways I could not see. In that experience, I glimpsed the mystery of Christ's transformed presence in the Ascension.

The Ascension of the Lord, narrated in Luke 24:50–53 and Acts 1:6–11, is often misunderstood as Christ's departure from the world. In theological depth, however, it signifies not absence but a transformed presence. The risen Christ does not withdraw but enters into the fullness of divine life, no longer bound by time and space, yet profoundly present in a new way.

This shift calls us to move beyond reliance on physical sight toward a deeper faith. Christ is encountered now in the Spirit, in the community, and in the unfolding of history. The Ascension thus becomes an invitation to trust in a presence that is real, though unseen.

At the same time, the Ascension redefines mission. When the disciples stand gazing upward, they are asked, "Why do you stand looking up toward heaven?" This question challenges every tendency toward passivity or escapism. Faith does not turn away from the world but engages it more deeply. The followers of Christ are entrusted with his mission—to embody justice, compassion, and hope in concrete ways.

Finally, the Ascension affirms human dignity. In Christ, humanity is taken into the very life of God, revealing a destiny far greater than human limitation. In a world marked by uncertainty and fragmentation, the Ascension is not an ending but a beginning—calling believers to become living signs of Christ's abiding presence.

– Sr. Pushpa Joseph

SAINT OF THE MONTH



Saint John Baptist de La Salle (1651–1719) was a pioneer of Christian education and a devoted servant of the poor. Born in Reims, he responded to God's call by dedicating his life to the education of children, especially the underprivileged.

At a time when schooling was limited to the wealthy, he worked tirelessly to make education accessible to all.

He founded the Institute of the Brothers of the Christian Schools, forming a community committed to teaching with faith and excellence. His innovative methods, including teaching in the local language and training lay teachers, transformed education.

Despite many challenges and sacrifices, he remained faithful to his mission. Canonized in 1900 and named patron saint of teachers, his legacy continues to inspire educators to serve with faith, compassion, and dedication.

Feast Day: April 7
Patron Saint of Educators



PRAYER CORNER

Heavenly Father, fill us with courage and hope this month. When we are weak, be our strength; when we are unsure, be our guide. Lord Jesus, help us trust in You and walk each day with faith and love. Holy Spirit, renew our hearts with peace. We place this month in Your hands. Amen.

SUPPORT & DONATIONS

Your support helps us form faith-filled individuals, strengthen Catholic enquiry centres, empower youth leadership, and bring the light of the Gospel to seekers across India through education, media, and outreach initiatives.

With Gratitude

We sincerely thank all our benefactors, partners, and well-wishers whose prayers and generosity make this mission possible. Your support is not just a contribution—it is a shared commitment to building God's Kingdom.Your generous support enables us to continue faith formation, outreach, and evangelization across India.

Ways You Can Support

- Sponsor faith formation and enquiry programs
- Support youth leadership and evangelization initiatives
- Contribute towards media, publications, and digital outreach
- Help train volunteers and catechists for mission

A Prayer for Our Benefactors

Loving God, bless all those who support this mission with their prayers, resources, and goodwill. Grant them peace, joy, and abundance, and reward them for their generosity. Amen (Optional – if space allows)All donations are used solely for ministry, outreach, and faith formation purposes.

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